





M. City is about more than great food. It's about a team of dedicated professionals who are united by a common passion to deliver a successful catering experience. Building on a legacy of hospitality excellence, we leverage our vast expertise to create engaging events that exceeds the expectations of everyone we serve. We accomplish this by focusing on service, performance and guest satisfaction throughout the entire M. City experience.

This Supplemental Menu to the traditional M. City Guide features favorite menus adapted to provide additional safety and comply with local and campus event protocols during COVID-19. Served meals, buffets, and receptions are not listed within the menu at this time; contact the Alumni Memorial Union Event Services Office for availability and custom menuing.

As we progress through these times, we will look to expand and return to our full, regular guide safely to ensure you and your guests an enjoyable, and safe, experience.

Our culinarians and service employees are certified in additional training to ensure the safety of campus guests. Additionally, we follow strict sanitation protocols and documentation to provide a safe environment where collaboration can flourish.

Our event coordinators can provide campus catering planning guidance. We are happy to set an appointment to review your needs and provide a signature selection perfect for your event goals. Contact us at 414-288-7202.

Created by Sodexo at Marquette University Catering Department. 2020
\*Repeat usage of menu items and pricing require approval from the Catering Department

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## SIMPLY TO GO

These menus are presented Grab and Go style to allow for health and safety. Services include delivery and set up and clean up after your event. High-quality, wrapped, eco-friendly service ware is provided.

Linens for food and beverage tables in the AMU or Eckstein Hall are included.

Minimum number is 3 per type of item.

### **MORNING**

#### \$6.99 per quest

Wake Up Croissant Box - Fresh Croissant, Butter & Jelly, Choice of Apple or Banana 

Wake Up Muffin Box - Choice of Blueberry, Chocolate Chip, or Banana Nut, Butter, Choice of Apple or Banana 

\$\subset\$\$ \$5.99 per quest\$

Wake Up Bagel Box - Choice of Plain, Wheat, or Cinnamon, Cream Cheese, Choice of Apple or Banana 🔽

Add Bottled Water or Canned Pepsi Product to any Morning Box for \$1.75/each

Add Bottled Orange Juice for \$2.50/each

#### **AFTERNOON**

#### \$10.99 per guest

Chicken Salad on Whole Wheat - Apple, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water Ham & Cheddar on Whole Wheat - Apple, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water Egg Salad on Whole Wheat - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water 

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#### \$11.99 per guest

Grilled Vegetable Hummus Wrap - Apple, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water 

Chicken Caesar Wrap - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water

Turkey & Cheddar on Kaiser Roll - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water

#### \$12.99 per guest

Classic Garden Salad - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water 

Strawberry Fields Forever - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water 

Buffalo Chicken Salad - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water 

Classic Chef Salad - Baked Lays, Two Chocolate Chip Cookies, Choice of Canned Soda or 12oz. Bottled Water

#### **SNACKS**

#### \$5.99 per quest

Fruit & Almond Granola Energy Box - Chopped Mixed Fruit, Sweet & Salty Almond Granola Bar \(\subset\) \$6.99 per quest

Cheese & Pepperoni Protein Box - Cheddar Cheese & Pepperoni Snack Cup, Low Fat Strawberry Yogurt Cup Cheese & Grapes Protein Box - Cheddar Cheese & Fresh Grapes, Low Fat Strawberry Yogurt Cup ☑ Egg Protein Box - Hard Boiled Egg Cup, Low Fat Strawberry Yogurt Cup ☑

Add Bottled Water or Canned Pepsi Product to any Morning Box for \$1.75/each

Add Bottled Orange Juice for \$2.50/each

## STG PREMIUM SALADS

These menus are presented Grab and Go style to allow for health and safety. Lunches include fresh roll & butter, choice of canned Pepsi products or a 12oz bottled water, and two chocolate chip cookies (1 each I 160–170 cal). High-quality, wrapped, eco-friendly plastic service ware is included.

Services include delivery and set up.

Linens for food and beverage tables in the AMU or Eckstein Hall are included.

Minimum number is 3 per type of item.

#### CAESAR SALAD (1 salad | 490 cal)

#### \$12.50 per quest

Crisp romaine lightly tossed with shredded parmesan cheese, herb-toasted croutons and classic Caesar dressing on the side.

Add Grilled Breast of Chicken \$14.50 per guest

Add Grilled Portobello **№** \$14.50 per quest

#### TURKEY APPLE PECAN (1 salad I 570 cal)

#### \$14 per quest

Baby greens tossed with dried cranberries, toasted pecans, sliced red and green apples. Topped with house-made croutons, crumbled goat cheese and shaved turkey breast. Balsamic dressing on the side.

#### NICOISE SALAD (1 salad I 460 cal)

#### \$15 per quest

Mixed Greens, Tomato, Red Potato, Green Beans, Hard Cooked Egg, Kalamata Olives, Tuna, and with a Mustard Vinaigrette on the side.

#### NEWPORT SALAD (1 salad | 265 cal)

#### \$16 per quest

Crisp Mixed Greens Tossed w/ Shrimp, Chopped Cucumber, Green Onion, Hard Cooked Egg, Olives, and a Herbed Vinaigrette on the Side

#### ASIAN STEAK (1 salad I 190 cal)

#### \$15.50 per quest

Chopped Romaine & Baby Greens Tossed w/ Sliced Mushrooms, Cucumbers, Tomato Wedges, Shredded Carrots and Snow Peas. Topped w/ Crispy Chow Mein Noodles & Marinated Grilled Flank Steak. Served w/ Orange Balsamic Dressing on the Side.

#### MINTY THAI CHICKEN SALAD (1 salad | 390 cal)

#### \$15 per guest

Mixed Greens w/ Grilled Lemongrass Chicken Sliced Thin and Served over Asian Style Veggies, w/ a Spicy Lime Vinaigrette on the Side

#### ENTIRE GARDEN SALAD (1 salad | 190 cal) ✓

#### \$14 per quest

Fresh Iceberg Lettuce, Cucumber, Carrot, Tomato Wedges, Celery, Radish, Home Made Croutons, Dill Ranch Dressing on Side

## STG PREMIUM SANDWICHES

These menus are presented Grab and Go style to allow for health and safety. Lunches include seasonal fresh fruit salad cup (3 oz. I 40 cal), choice of canned Pepsi products or a 12oz bottled water, bag of chips, and two chocolate chip cookies (1 each I 160–170 cal). High-quality, wrapped, eco-friendly plastic service ware is included.

Services include delivery and set up.

Linens for food and beverage tables in the AMU or Eckstein Hall are included.

Minimum number is 3 per type of item.

#### THE DELI (1 sandwich I 280 cal)

#### \$12.50 per quest

Craft Your Own Deli Sandwich with Choice of White or Whole Wheat Bread, Deli Meats of Oven Roasted Turkey Breast, Roast Beef, Ham, Tuna Salad, Hummus ☑, a Selection of Cheeses of Provolone, American, or Swiss with an Assortment of Fresh Toppings of Leaf Lettuce and Sliced Tomato

#### PORTOBELLO RUSTICO (1 sandwich I 410 cal) ✓

#### \$14.50 per quest

Grilled Portobello Mushroom w/ Balsamic Reduction, Roasted Red Pepper, Leaf Lettuce, Fresh Mozzarella on a Multi-Grain Roll

#### BEEFEATER (1 sandwich | 510 cal)

#### \$14.50 per quest

Shaved Beef Top Round, Crispy Fried Onions, Leaf Lettuce, Sliced Tomato, Cheddar Cheese, Horseradish Mayonnaise, Flour Tortilla Wrap

#### MEDITERRANEAN TURKEY FETA WRAP (1 sandwich I 470 cal)

#### \$13 per guest

Thinly Sliced Turkey Breast, Crumbled Feta Cheese, Baby Spinach, Roasted Red Peppers, Olive Tapenade, Flour Tortilla Wrap

#### **ROASTED VEGGIE WRAP** (1 sandwich I 480 cal) **☑**

#### \$13 per quest

Hummus, Tomato, Leaf Lettuce, Avocado, Roasted Yellow Squash, Red Onion, Red Pepper on a Flour Tortilla

#### ACAPULCO CHICKEN WRAP (1 sandwich I 700 cal)

#### \$13.50 per quest

Diced Chicken Breast, Chopped Romaine, Avocado, Pico de Gallo, Cilantro Sour Cream, Pepper Jack Cheese, Flour Tortilla Wrap

#### PESTO CHICKEN BLT (1 sandwich I 420 cal)

#### \$14 per guest

Roasted Chicken Breast, Crispy Bacon, Leaf Lettuce, Sliced Tomato, Basil Pesto Mayonnaise, Multigrain Bun

# A LA CARTE SELECTIONS\*

These menus are presented Grab and Go style to allow for health and safety. Services include delivery and set up and clean up after your event. High-quality, wrapped, eco-friendly service ware is provided.

Linens for food and beverage tables in the AMU or Eckstein Hall are included.

### **ADD-ONS**

INDIVIDUAL ASSORTED YOGURTS & LOW-FAT GREEK YOGURT ▼ \$1.75 each - Minimum orders may apply.	(1 each   90-180 cal)
INDIVIDUAL FRUIT YOGURT PARFAITS WITH LOW-FAT GRANOLA ▼ \$4 each - Minimum orders may apply.	(1 each   200-360 cal)
PASTA SALAD SNACK CUP ▼ \$4 each - Minimum orders may apply.	(1 each   195-260 cal)
CELERY & CARROT CRUDITE w/ RANCH ♥ \$3.50 each - Minimum orders may apply.	(1 each   100-160 cal)
CHICKEN BASIL SALAD CUP \$4 each - Minimum orders may apply.	(1 each   210-275 cal)
MULTIGRAIN BARS AND GRANOLA BARS	(1 each   90 - 160 cal)

### CANNED AND BOTTLED BEVERAGES

\$1.75 each - Minimum orders may apply.

12 oz. Bottled Water <i>\$1.75 per unit</i>	(12 oz.   0 cal)
20 oz. Bottled Water <i>\$2.50 per unit</i>	(20 oz.   0 cal)
Bottled Fruit Juice: \$2.50 per unit Orange, Cranberry	(8 oz.   35-170 cal)
8.45oz. San Pellegrino: <i>\$3.25 per unit</i>	(8.45 oz.   0 cal)
Assorted Canned Pepsi Soft Drinks, Regular and Diet <i>\$1.75 per unit</i>	(12 oz.   0-270 cal)
Assorted Canned Klarbrunn Sparkling Water \$1.75 per unit	(12 oz.   0 cal)

O Charges for a la carte items will be based on the total number of items ordered.



