



BE THE DIFFERENCE.

HEALTHCARE PRACTITIONER'S RETURN TO WORK RECOMMENDATIONS

Employee / Patient Name _____

Department _____

Work-site _____

Date of injury/illness _____

Diagnosis _____

I saw and treated this patient on _____ (date).

I recommend he/she return to work with no limitations on _____ (date).

He/she is unable to work.

He/she may return to work on _____ (date), if the following physical limitations can be accommodated.

These restrictions are: temporary permanent.

He/she may work _____ hours a day.

He/she may work _____ hours per day for _____ week(s) then increase to _____ hours per day for _____ week(s).

May frequently lift up to _____ pounds; occasionally lift up to _____ pounds.

| | | |
|---|--|--|
| <input type="checkbox"/> Right hand work only | <input type="checkbox"/> Left hand work only | <input type="checkbox"/> Light assist of <input type="checkbox"/> R / <input type="checkbox"/> L hand up to _____ lbs. |
|---|--|--|

| | | |
|--|--|--|
| <input type="checkbox"/> May stand up to _____ hours per work day. | <input type="checkbox"/> May sit up to _____ hours per work day. | <input type="checkbox"/> May drive up to _____ hours per work day. |
|--|--|--|

| Patient is able to: | Twist | Bend | Climb | Squat | Overhead Work | Reach | Push/Pull |
|------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Not at all (0%) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Occasionally (1 - 33%) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Moderately (34 - 66%) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Frequently (67 - 100%) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Other restrictions and/or instructions: _____

These limitations are in effect until _____ (date).

This patient will be reevaluated on _____ (date).

Healthcare practitioner's name (please print) _____

Street address _____

City, State, Zip _____

Telephone _____

Healthcare practitioner's signature _____

Date _____